

DELICIOUS, NUTRITIOUS, DELIVERED.

October
2026



HOME
CHEF

www.homechef.com.au
(08) 9378 2544

**Commonwealth Home Support Programme /
Meals on Wheels Customer Pricing**

CHSP/Meals on Wheels

Since 1984, Home Chef has proudly been providing delicious, high-quality meals to senior customers. We understand how important protein, balanced nutrition, and great taste are, which is why all our meals are carefully prepared to support your health and wellbeing.

As one of Western Australia's longest-serving family owned businesses of ready-made meals, we're proud to offer nutritious, dietitian assessed meals that are prepared locally and delivered straight to your door (or freezer) with a friendly smile.

- Free metro delivery with a minimum spend of 5 regular meals or \$46.75 per order.
- Personalised service from your first enquiry through to every order and delivery.
- Easy ordering by phone, website or email.
- No lock-in contracts or commitments.
- Convenient payment by credit or debit card (Visa or Mastercard required).
- The largest meal selection on the market, with over 100 options available.
- Nutritious, delicious & classic-style meals made with quality ingredients.
- Extensive knowledge and understanding of the dietary and nutritional requirements of seniors.

Please contact us:

All hours: www.homechef.com.au

Office hours:

8:30am-4:00pm Monday-Thursday

8:30am-3:00pm Friday

Email: orders@homechef.com.au

Orders to be placed before 11:00am, TWO business days prior to your designated delivery day.



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How to get started:

- Ask your Aged Care Provider to send us a referral form so we can get you set up and ready to place your orders.
- Once we receive the referral, our friendly team will get in touch with you to explain the ordering and delivery processes, and payment options.
- Begin ordering your meals, and one of our friendly drivers will deliver them right to your door.

GF

Gluten Friendly
(Not suitable for Coeliacs)

DF

Dairy Free

S

Texture Soft

D

Diabetic Friendly

LS

Low Salt

V

Vegetarian

PC

Par-Cooked
(Cooking process completed during heating)

***Mix contains:**

Green Peas, Diced Carrots, Corn
Kernels, Cut Beans

(Vegetables are seasonal and subject to change)

****Medley contains:**

Carrots, Sugar Snap Peas, Red
Capsicum, Baby Corn, Celery

(Vegetables are seasonal and subject to change)



Classic Beef Bourguignon

with Garlic Butter Mash

42100 Gourmet

\$13.09



Beef Cheeks in Red Wine Jus

with Garlic Butter Mash, Broccoli & Baby Carrots

43100 Gourmet

\$14.41



Hungarian Beef Goulash

with Potato Dumplings

43101 Gourmet

\$14.41



Rich Lamb Ragu

with Gnocchi

43200 Gourmet

\$14.41



Moroccan Style Lamb Tagine

with Aromatic CousCous

43201 Gourmet

\$14.41



Gourmet Pork Rissoles

with Sweet Potato Mash & Broccolini

42300 Gourmet

\$13.09

Mains



Spicy Chorizo & Chicken Paella

41600 Gourmet

\$11.55



Creamy Chicken & Sun-Dried Tomato Fettuccine

42600 Gourmet

\$13.09



Mediterranean Seafood Pasta Marinara

42800 Gourmet

\$13.09



Oven Roasted Barramundi with Pearl Couscous

43800 Gourmet

\$14.41



Traditional Japanese Curry with Tofu Puffs & Sushi Rice



41900 Gourmet

\$11.55



Four Cheese Tortelloni with Roasted Cauliflower



43900 Gourmet

\$14.41



Mains



Beef Rissolle

Mash Potato / *Mix

PC

10100	Regular	\$9.35
20100	Large	\$11.88



Corned Beef with Parsley Sauce

Mash Potato / Broccoli / Carrots

D

10101	Regular	\$9.35
20101	Large	\$11.88



Country Casserole

Rice / Carrots / Beans

DF

10102	Regular	\$9.35
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Beef Curry

Rice / Broccoli / Corn

GF DF

20103	Large	\$11.88
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Beef Lasagne

Cauliflower / *Mix

D

10104	Regular	\$9.35
20104	Large	\$11.88



Beef Stroganoff

Mash Potato / *Mix

GF D

10105	Regular	\$9.35
20105	Large	\$11.88

Mains



Spaghetti Bolognese

*Mix

D **LS**

10107	Regular	\$9.35
20107	Large	\$11.88



Savoury Mince

Mash Potato / Corn /
Peas

D

10109	Regular	\$9.35
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Cottage Pie

Carrots / Beans

D **S**

10110	Regular	\$9.35
20110	Large	\$11.88



Meat Pastie

Mash Potato / Carrots / Beans

D

10112	Regular	\$9.35
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Roast Beef

Potatoes / Pumpkin / Beans

DF **D**

10113	Regular	\$9.35
20113	Large	\$11.88



Meatballs in Gravy

Mash Potato / Carrots /
Peas

S **PC**

10114	Regular	\$9.35
20114	Large	\$11.88



Mains



Spaghetti & Italian Meatballs

Corn / Peas

10115 Regular
20115 Large

\$9.35
\$11.88



Sweet & Sour Meatballs

Rice / **Medley

10116 Regular

\$9.35



Chilli Con Carne with Baked Potato

Corn / Beans

10119 Regular

\$9.35



Steak & Kidney Pie

Mash Potato / *Mix

10141 Regular
20141 Large

\$9.35
\$11.88



Steak & Mushroom Pie

Mash Potato / Broccoli / Carrots

10142 Regular
20142 Large

\$9.35
\$11.88



Sausages in Onion Gravy

Mash Potato / *Mix

10150 Regular
20150 Large

\$9.35
\$11.88



Mains



Curried Sausages

Rice / Carrots / Peas

DF

10151 Regular

\$9.35



Lamb Curry

Rice / Carrots / Beans

DF

10200 Regular

\$9.35



Minted Lamb Casserole

Mash Potato / *Mix

GF D

10201 Regular

\$9.35

20201 Large

\$11.88



Traditional Irish Stew

Mash Potato / Broccoli / Carrots

D

10202 Regular

\$9.35

20202 Large

\$11.88



Pork & Apple Casserole

Mash Potato / Beans / Carrots

D S

10300 Regular

\$9.35



Sweet & Sour Pork

Rice / **Medley

GF DF

10302 Regular

\$9.35

20302 Large

\$11.88



Mains



Bacon & Egg Slice

Mash Potato / Carrots / Peas

GF D

10305 Regular

\$9.35



Roast Pork

Potatoes / Pumpkin / Peas

DF D

10306 Regular

\$9.35

20306 Large

\$11.88



Pork Riblet

Mash Potato / Pumpkin / Peas

10308 Regular

\$9.35



Chicken Patties

Mash Potato / *Mix

D

10602 Regular

\$9.35



Mushroom Chicken

Mash Potato / *Mix

D

10606 Regular

\$9.35

20606 Large

\$11.88



Apricot Chicken

Mash Potato / Peas / Carrots

GF S

10607 Regular

\$9.35

20607 Large

\$11.88

Mains



Sweet & Sour Chicken

Rice / Broccoli / Corn

GF DF

10608 Regular

\$9.35



Roast Chicken

Potatoes / Pumpkin / Beans

DF D

10609 Regular

\$9.35

20609 Large

\$11.88



Chicken Schnitzel

Mash Potato / *Mix

10610 Regular

\$9.35

20610 Large

\$11.88



Chicken Parmigiana

Mash Potato / Carrots / Peas

10611 Regular

\$9.35

20611 Large

\$11.88



Chicken & Vegetable Pie

Mash Potato / Carrots / Beans

10613 Regular

\$9.35

20613 Large

\$11.88



Thai Green Chicken Curry

Rice / **Medley

GF DF

10614 Regular

\$9.35



Mains



Butter Chicken

Rice / **Medley

GF D LS

10615	Regular	\$9.35
20615	Large	\$11.88



Crumbed Fish

Wedges / Carrots / Peas

DF D PC

10800	Regular	\$9.35
20800	Large	\$11.88



Crumbed Fish & Tartare Sauce

Wedges / *Mix

PC

10803	Regular	\$9.35
20803	Large	\$11.88



Crumbed Fish & Sweet & Sour Sauce

Wedges / Carrots / Beans

DF PC

10805	Regular	\$9.35
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Baked Fish

Mash Potato / Peas / Carrots

D S

10806	Regular	\$9.35
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Fish & Parsley

Mash Potato / *Mix

D

10807	Regular	\$9.35
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Mains



Tuna Patties

Mash Potato / Carrots / Beans

D S

10808	Regular	\$9.35
20808	Large	\$11.88



Tuna Mornay

Carrots / Beans

10809	Regular	\$9.35
20809	Large	\$11.88



Frittata

Mash Potato /
Carrots / Peas

GF D S V

10900	Regular	\$9.35
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Vegetable Open Pie

Mash Potato / Carrots / Peas

V

10902	Regular	\$9.35
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Savoury Stuffed Potato

**Medley

GF D LS V

10904	Regular	\$9.35
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Macaroni Cheese

**Medley

V

10905	Regular	\$9.35
20905	Large	\$11.88



Vegetarian Lasagne

Carrots / Broccoli

10906 Regular

D S LS V

\$9.35



Vegetable Fritters

Mash Potato / *Mix

10908 Regular

GF D V

\$9.35



Beef Lasagne

D S

50104 Petite

\$8.47



Spaghetti Bolognese

D LS S

50107 Petite

\$8.47



Cottage Pie

D S

50110 Petite

\$8.47



Roast Beef

Potatoes / Beans

DF D

50113 Petite

\$8.47



Beef & Noodle Chow Mein

DF

50153 Petite

\$8.47



Minted Lamb Casserole

Mash Potato

50201 Petite

\$8.47



Lamb Korma

Rice

GF DF D

50203 Petite

\$8.47



Sweet & Sour Pork

Rice

GF DF

50302 Petite

\$8.47



Bangers & Mash

Peas

S

50309 Petite

\$8.47



Spaghetti Carbonara

S

50310 Petite

\$8.47



Pulled Pork Enchiladas

50311 Petite

\$8.47



Chicken Chop Suey

Rice



50600 Petite

\$8.47



Roast Chicken

Potatoes / Beans



50609 Petite

\$8.47



Chicken Parmigiana & Wedges

50611 Petite

\$8.47



Butter Chicken

Rice



50615 Petite

\$8.47



Chicken Teriyaki

Rice / Broccoli



50617 Petite

\$8.47



Fish & Wedges

Peas

DF D PC

50800 Petite

\$8.47



Tuna Mornay

50809 Petite

\$8.47



Garlic Prawn Pasta

50811 Petite

\$8.47



Macaroni Cheese

S V

50905 Petite

\$8.47



**Roast Vegetables
with Thyme & Garlic**

D GF DF S V

50912 Petite

\$8.47



**Ricotta & Spinach
Cannelloni**

V

50913 Petite

\$8.47


Beef Rice Salad
D GF DF LS

50154 Petite

\$8.47


Lemon Chicken Penne
DF S

50601 Petite

\$8.47


Moroccan Chickpea Couscous
DF S V

50901 Petite

\$8.47


Japanese Style Rice Salad
GF DF S V

50903 Petite

\$8.47


Pesto Pasta Salad
S V

50916 Petite

\$8.47

*Home Chef requires your order **before 11am, TWO business days prior** to your designated delivery day.*

Breakfast



Bacon & Egg Slice with Toast

40305

\$11.00



Ham & Cheese Omelette with Toast

40309

\$11.00



Home Chef Big Breakfast

40310

\$11.00



Home Chef payment options:

Credit Card

Debit Card

Must have a Visa or Mastercard symbol on the card.

We do not accept EFTPOS cards or American Express.

For other options please contact our Customer Care Team.



Waffle & Berries with Maple Syrup

40913

\$11.00



Pancake with Butter & Maple Syrup

40917

\$11.00





Soups



Beef Barley & Vegetable

60108

\$7.92



Pea & Ham

GF D S

60301

\$7.92



Chicken & Corn

GF D

60603

\$7.92



Minestrone

D S V

60904

\$7.92



Creamy Pumpkin

GF D S V

60905

\$7.92



Tomato & Basil

D GF S V

60908

\$7.92



Meatballs in Gravy



80114

\$7.48



Beef Sausage Rolls

80153

\$7.48



Battered Fish Bites

80800

\$7.48



Broccoli & Cheese



80916

\$7.48



Vegetable Spring Rolls



80917

\$7.48





Desserts



**Sticky Date Pudding
with Butterscotch Sauce**

S

70100

\$6.16



Lemon Cheesecake

S

70101

\$6.16



Apple Crumble

LS S

70102

\$6.16



Tiramisu

S

70103

\$6.16



Bread & Butter Pudding

S

70104

\$6.16



Chocolate Berry Cake

S

70105

\$6.16

Desserts



Rice Pudding

GF LS S

70106

\$6.16



Pavlova Delight

GF DF LS S

70107

\$6.16



Chocolate Mousse

GF S

70108

\$6.16



Mango Mousse

GF S

70109

\$6.16



Pureed Smooth Lemon Cheesecake

S

70800

\$6.16

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**Beef Bolognese
(Pureed)**

S

30107

\$13.20



**Beef Casserole
(Pureed)**

S

30108

\$13.20



**Roast Beef
(Pureed)**

S

30113

\$13.20



**Roast Lamb
(Pureed)**

S

30204

\$13.20



**Roast Pork in Apple Sauce
(Pureed)**

S

30306

\$13.20



**Roast Chicken
(Pureed)**

S

30609

\$13.20



Chicken in Creamy Sauce (Pureed)

S

30616

\$13.20



Fish in Creamy Sauce (Pureed)

S

30807

\$13.20



Salmon Fish Cake (Pureed)

S

30811

\$13.20



Chickpea & Roast Vegetables (Pureed)

GF S V

30912

\$13.20

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Credit Card

Debit Card

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Minced & Moist



**Beef Casserole
(Minced & Moist)**

31108

\$13.20



**Roast Beef
(Minced & Moist)**

31113

\$13.20



**Roast Lamb
(Minced & Moist)**

31204

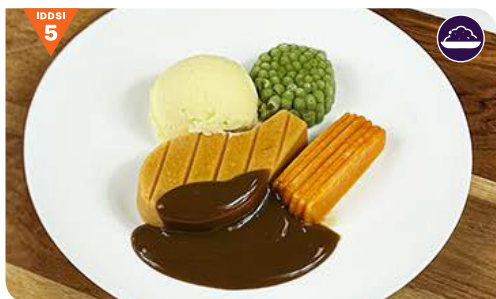
\$13.20



**Roast Pork in Apple Sauce
(Minced & Moist)**

31306

\$13.20



**Roast Chicken
(Minced & Moist)**

31609

\$13.20



**Fish in Creamy Sauce
(Minced & Moist)**

31807

\$13.20





*We thank you for
supporting a local WA
business.*

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orders@homechef.com.au

Unit 1/2 Yelland Way, BASSENDEAN 6054