

DELICIOUS, NUTRITIOUS, DELIVERED.

October
2026



HOME
CHEF

www.homechef.com.au
(08) 9378 2544

**National Disability Insurance Scheme
Customer Pricing**

National Disability Insurance Scheme

Since 1984, Home Chef has proudly been providing delicious, high-quality meals to senior customers. We understand how important protein, balanced nutrition, and great taste are, which is why all our meals are carefully prepared to support your health and wellbeing.

As one of Western Australia's longest-serving family owned businesses of ready-made meals, we're proud to offer nutritious, dietitian assessed meals that are prepared locally and delivered straight to your door (or freezer) with a friendly smile.

- Free metro delivery with a minimum spend of 5 regular meals - \$62.00 per order for NDIS Self/Plan Managed and \$15.50 NDIA Managed.
- Personalised service from your first enquiry through to every order and delivery.
- Easy ordering by phone, website or email.
- No lock-in contracts or commitments.
- Convenient payment by credit or debit card (Visa or Mastercard required).
- The largest meal selection on the market, with over 100 options available.
- Nutritious, delicious & classic-style meals made with quality ingredients.
- Extensive knowledge and understanding of the dietary and nutritional requirements of seniors.

Please contact us:

All hours: www.homechef.com.au

Office hours:

8:30am-4:00pm Monday-Thursday

8:30am-3:00pm Friday

Email: orders@homechef.com.au

Orders to be placed before 11:00am, TWO business days prior to your designated delivery day.



HOME CHEF

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How to get started:

- Ask your Aged Care Provider to send us a referral form so we can get you set up and ready to place your orders.
- Once we receive the referral, our friendly team will get in touch with you to explain the ordering and delivery processes, and payment options.
- Begin ordering your meals, and one of our friendly drivers will deliver them right to your door.

GF Gluten Friendly
(Not suitable for Coeliacs)

DF Dairy Free

S Texture Soft

D Diabetic Friendly

LS Low Salt

V Vegetarian

PC Par-Cooked
(Cooking process completed during heating)

***Mix contains:**

Green Peas, Diced Carrots, Corn
Kernels, Cut Beans

(Vegetables are seasonal and subject to change)

****Medley contains:**

Carrots, Sugar Snap Peas, Red
Capsicum, Baby Corn, Celery

(Vegetables are seasonal and subject to change)



Classic Beef Bourguignon

with Garlic Butter Mash

		Self/Plan	NDIA
42100	Gourmet	\$15.60	\$3.90



Beef Cheeks in Red Wine Jus

with Garlic Butter Mash, Broccoli & Baby Carrots

		Self/Plan	NDIA
43100	Gourmet	\$17.20	\$4.30



Hungarian Beef Goulash

with Potato Dumplings

		Self/Plan	NDIA
43101	Gourmet	\$17.20	\$4.30



Rich Lamb Ragu

with Gnocchi

		Self/Plan	NDIA
43200	Gourmet	\$17.20	\$4.30



Moroccan Style Lamb Tagine

with Aromatic CousCous

		Self/Plan	NDIA
43201	Gourmet	\$17.20	\$4.30



Gourmet Pork Rissoles

with Sweet Potato Mash & Broccolini

		Self/Plan	NDIA
42300	Gourmet	\$15.60	\$3.90



Spicy Chorizo & Chicken Paella

		Self/Plan	NDIA
41600	Gourmet	\$14.40	\$3.60



Creamy Chicken & Sun-Dried Tomato Fettuccine

		Self/Plan	NDIA
42600	Gourmet	\$15.60	\$3.90



Mediterranean Seafood Pasta Marinara

		Self/Plan	NDIA
42800	Gourmet	\$15.60	\$3.90



Oven Roasted Barramundi with Pearl Couscous

		Self/Plan	NDIA
43800	Gourmet	\$17.20	\$4.30



Traditional Japanese Curry with Tofu Puffs & Sushi Rice



		Self/Plan	NDIA
41900	Gourmet	\$14.40	\$3.60



Four Cheese Tortelloni with Roasted Cauliflower



		Self/Plan	NDIA
43900	Gourmet	\$17.20	\$4.30



Mains



Beef Rissolle

Mash Potato / *Mix

PC

		Self/Plan	NDIA
10100	Regular	\$12.40	\$3.10
20100	Large	\$14.80	\$3.70



Corned Beef with Parsley Sauce

Mash Potato / Broccoli / Carrots

D

		Self/Plan	NDIA
10101	Regular	\$12.40	\$3.10
20101	Large	\$14.80	\$3.70



Country Casserole

Rice / Carrots / Beans

DF

		Self/Plan	NDIA
10102	Regular	\$12.40	\$3.10



Beef Curry

Rice / Broccoli / Corn

GF DF

		Self/Plan	NDIA
20103	Large	\$12.40	\$3.10



Beef Lasagne

Cauliflower / *Mix

D

		Self/Plan	NDIA
10104	Regular	\$12.40	\$3.10
20104	Large	\$14.80	\$3.70



Beef Stroganoff

Mash Potato / *Mix

GF D

		Self/Plan	NDIA
10105	Regular	\$12.40	\$3.10
20105	Large	\$14.80	\$3.70

Mains



Spaghetti Bolognese

*Mix

D **LS**

		Self/Plan	NDIA
10107	Regular	\$12.40	\$3.10
20107	Large	\$14.80	\$3.70



Savoury Mince

Mash Potato / Corn /
Peas

D

		Self/Plan	NDIA
10109	Regular	\$12.40	\$3.10



Cottage Pie

Carrots / Beans

D **S**

		Self/Plan	NDIA
10110	Regular	\$12.40	\$3.10
20110	Large	\$14.80	\$3.70



Meat Pastie

Mash Potato / Carrots / Beans

D

		Self/Plan	NDIA
10112	Regular	\$12.40	\$3.10



Roast Beef

Potatoes / Pumpkin / Beans

DF **D**

		Self/Plan	NDIA
10113	Regular	\$12.40	\$3.10
20113	Large	\$14.80	\$3.70



Meatballs in Gravy

Mash Potato / Carrots /
Peas

S **PC**

		Self/Plan	NDIA
10114	Regular	\$12.40	\$3.10
20114	Large	\$14.80	\$3.70



Mains



Spaghetti & Italian Meatballs



Corn / Peas

		Self/Plan	NDIA
10115	Regular	\$12.40	\$3.10
20115	Large	\$14.80	\$3.70



Sweet & Sour Meatballs



Rice / **Medley

		Self/Plan	NDIA
10116	Regular	\$12.40	\$3.10



Chilli Con Carne with Baked Potato



Corn / Beans

		Self/Plan	NDIA
10119	Regular	\$12.40	\$3.10



Steak & Kidney Pie

Mash Potato / *Mix

		Self/Plan	NDIA
10141	Regular	\$12.40	\$3.10
20141	Large	\$14.80	\$3.70



Steak & Mushroom Pie

Mash Potato / Broccoli / Carrots

		Self/Plan	NDIA
10142	Regular	\$12.40	\$3.10
20142	Large	\$14.80	\$3.70



Sausages in Onion Gravy

Mash Potato / *Mix

		Self/Plan	NDIA
10150	Regular	\$12.40	\$3.10
20150	Large	\$14.80	\$3.70

Mains



Curried Sausages

Rice / Carrots / Peas

DF

		Self/Plan	NDIA
10151	Regular	\$12.40	\$3.10



Lamb Curry

Rice / Carrots / Beans

DF

		Self/Plan	NDIA
10200	Regular	\$12.40	\$3.10



Minted Lamb Casserole

Mash Potato / *Mix

GF D

		Self/Plan	NDIA
10201	Regular	\$12.40	\$3.10
20201	Large	\$14.80	\$3.70



Traditional Irish Stew

Mash Potato / Broccoli / Carrots

D

		Self/Plan	NDIA
10202	Regular	\$12.40	\$3.10
20202	Large	\$14.80	\$3.70



Pork & Apple Casserole

Mash Potato / Beans / Carrots

D S

		Self/Plan	NDIA
10300	Regular	\$12.40	\$3.10
		\$14.80	\$3.70



Sweet & Sour Pork

Rice / **Medley

GF DF

		Self/Plan	NDIA
10302	Regular	\$12.40	\$3.10
20302	Large	\$14.80	\$3.70



Mains



Bacon & Egg Slice

Mash Potato / Carrots / Peas

GF D

		Self/Plan	NDIA
10305	Regular	\$12.40	\$3.10



Roast Pork

Potatoes / Pumpkin / Peas

DF D

		Self/Plan	NDIA
10306	Regular	\$12.40	\$3.10
20306	Large	\$14.80	\$3.70



Pork Riblet

Mash Potato / Pumpkin / Peas

		Self/Plan	NDIA
10308	Regular	\$12.40	\$3.10



Chicken Patties

Mash Potato / *Mix

D

		Self/Plan	NDIA
10602	Regular	\$12.40	\$3.10



Mushroom Chicken

Mash Potato / *Mix

D

		Self/Plan	NDIA
10606	Regular	\$12.40	\$3.10
20606	Large	\$14.80	\$3.70



Apricot Chicken

Mash Potato / Peas / Carrots

GF S

		Self/Plan	NDIA
10607	Regular	\$12.40	\$3.10
20607	Large	\$14.80	\$3.70

Mains



Sweet & Sour Chicken

Rice / Broccoli / Corn

GF **DF**

		Self/Plan	NDIA
10608	Regular	\$12.40	\$3.10



Roast Chicken

Potatoes / Pumpkin / Beans

DF **D**

		Self/Plan	NDIA
10609	Regular	\$12.40	\$3.10
20609	Large	\$14.80	\$3.70



Chicken Schnitzel

Mash Potato / *Mix

		Self/Plan	NDIA
10610	Regular	\$12.40	\$3.10
20610	Large	\$14.80	\$3.70



Chicken Parmigiana

Mash Potato / Carrots / Peas

		Self/Plan	NDIA
10611	Regular	\$12.40	\$3.10
20611	Large	\$14.80	\$3.70



Chicken & Vegetable Pie

Mash Potato / Carrots / Beans

		Self/Plan	NDIA
10613	Regular	\$12.40	\$3.10
20613	Large	\$14.80	\$3.70



Thai Green Chicken Curry

Rice / **Medley

GF **DF**

		Self/Plan	NDIA
10614	Regular	\$12.40	\$3.10



Mains



Butter Chicken

Rice / **Medley

GF D LS

		Self/Plan	NDIA
10615	Regular	\$12.40	\$3.10
20615	Large	\$14.80	\$3.70



Crumbed Fish

Wedges / Carrots / Peas

DF D PC

		Self/Plan	NDIA
10800	Regular	\$12.40	\$3.10
20800	Large	\$14.80	\$3.70



Crumbed Fish & Tartare Sauce

Wedges / *Mix

PC

		Self/Plan	NDIA
10803	Regular	\$12.40	\$3.10
20803	Large	\$14.80	\$3.70



Crumbed Fish & Sweet & Sour Sauce

Wedges / Carrots / Beans

DF PC

		Self/Plan	NDIA
10805	Regular	\$12.40	\$3.10



Baked Fish

Mash Potato / Peas / Carrots

D S

		Self/Plan	NDIA
10806	Regular	\$12.40	\$3.10



Fish & Parsley

Mash Potato / *Mix

D

		Self/Plan	NDIA
10807	Regular	\$12.40	\$3.10

Mains



Tuna Patties

Mash Potato / Carrots / Beans

D S

		Self/Plan	NDIA
10808	Regular	\$12.40	\$3.10
20808	Large	\$14.80	\$3.70



Tuna Mornay

Carrots / Beans

		Self/Plan	NDIA
10809	Regular	\$12.40	\$3.10
20809	Large	\$14.80	\$3.70



Frittata

Mash Potato /
Carrots / Peas

GF D S V

		Self/Plan	NDIA
10900	Regular	\$12.40	\$3.10



Vegetable Open Pie

Mash Potato / Carrots / Peas

V

		Self/Plan	NDIA
10902	Regular	\$12.40	\$3.10



Savoury Stuffed Potato

**Medley

GF D LS V

		Self/Plan	NDIA
10904	Regular	\$12.40	\$3.10



Macaroni Cheese

**Medley

V

		Self/Plan	NDIA
10905	Regular	\$12.40	\$3.10
20905	Large	\$14.80	\$3.70



Vegetarian Lasagne

Carrots / Broccoli

D S LS V

		Self/Plan	NDIA
10906	Regular	\$12.40	\$3.10



Vegetable Fritters

Mash Potato / *Mix

GF D V

		Self/Plan	NDIA
10908	Regular	\$12.40	\$3.10



Beef Lasagne

D S

		Self/Plan	NDIA
50104	Petite	\$10.80	\$2.70



Spaghetti Bolognese

D LS S

		Self/Plan	NDIA
50107	Petite	\$10.80	\$2.70



Cottage Pie

D S

		Self/Plan	NDIA
50110	Petite	\$10.80	\$2.70



Roast Beef

Potatoes / Beans

DF D

		Self/Plan	NDIA
50113	Petite	\$10.80	\$2.70



Beef & Noodle Chow Mein

DF

		Self/Plan	NDIA
50153	Petite	\$10.80	\$2.70



Minted Lamb Casserole

GF D S

		Self/Plan	NDIA
50201	Petite	\$10.80	\$2.70



Lamb Korma

Rice

GF DF D

		Self/Plan	NDIA
50203	Petite	\$10.80	\$2.70



Sweet & Sour Pork

Rice

GF DF

		Self/Plan	NDIA
50302	Petite	\$10.80	\$2.70



Bangers & Mash

Peas

S

		Self/Plan	NDIA
50309	Petite	\$10.80	\$2.70



Spaghetti Carbonara

S

		Self/Plan	NDIA
50310	Petite	\$10.80	\$2.70



Pulled Pork Enchiladas

		Self/Plan	NDIA
50311	Petite	\$10.80	\$2.70



Chicken Chop Suey

Rice



		Self/Plan	NDIA
50600	Petite	\$10.80	\$2.70



Roast Chicken

Potatoes / Beans



		Self/Plan	NDIA
50609	Petite	\$10.80	\$2.70



Chicken Parmigiana & Wedges

		Self/Plan	NDIA
50611	Petite	\$10.80	\$2.70



Butter Chicken

Rice



		Self/Plan	NDIA
50615	Petite	\$10.80	\$2.70



Chicken Teriyaki

Rice / Broccoli



		Self/Plan	NDIA
50617	Petite	\$10.80	\$2.70



Fish & Wedges

Peas

DF D PC

		Self/Plan	NDIA
50800	Petite	\$10.80	\$2.70



Tuna Mornay

		Self/Plan	NDIA
50809	Petite	\$10.80	\$2.70



Garlic Prawn Pasta

		Self/Plan	NDIA
50811	Petite	\$10.80	\$2.70



Macaroni Cheese

S V

		Self/Plan	NDIA
50905	Petite	\$10.80	\$2.70



Roast Vegetables with Thyme & Garlic

D GF DF S V

		Self/Plan	NDIA
50912	Petite	\$10.80	\$2.70



Ricotta & Spinach Cannelloni

V

		Self/Plan	NDIA
50913	Petite	\$10.80	\$2.70



Beef Rice Salad

D GF DF LS

		Self/Plan	NDIA
50154	Petite	\$10.80	\$2.70



Lemon Chicken Penne

DF S

		Self/Plan	NDIA
50601	Petite	\$10.80	\$2.70



Moroccan Chickpea Couscous

DF S V

		Self/Plan	NDIA
50901	Petite	\$10.80	\$2.70



Japanese Style Rice Salad

GF DF S V

		Self/Plan	NDIA
50903	Petite	\$10.80	\$2.70



Pesto Pasta Salad

S V

		Self/Plan	NDIA
50916	Petite	\$10.80	\$2.70

*Home Chef requires your order **before 11am, TWO business days prior** to your designated delivery day.*

Breakfast



**Bacon & Egg Slice
with Toast**

S

40305

Self/Plan

\$10.00

NDIA

\$2.50



**Ham & Cheese Omelette
with Toast**

S

40309

Self/Plan

\$10.00

NDIA

\$2.50



Home Chef Big Breakfast

D

40310

Self/Plan

\$10.00

NDIA

\$2.50

Home Chef payment options:

Credit Card

Debit Card

Must have a Visa or Mastercard
symbol on the card.

We do not accept EFTPOS cards
or American Express.

For other options please contact
our Customer Care Team.



**Waffle & Berries with
Maple Syrup**

S V

40913

Self/Plan

\$10.00

NDIA

\$2.50



**Pancake with Butter &
Maple Syrup**

S V

40917

Self/Plan

\$10.00

NDIA

\$2.50



Soups



Beef Barley & Vegetable

	Self/Plan	NDIA
60108	\$7.20	\$1.80



Pea & Ham

GF D S

	Self/Plan	NDIA
60301	\$7.20	\$1.80



Chicken & Corn

GF D

	Self/Plan	NDIA
60603	\$7.20	\$1.80



Minestrone

D S V

	Self/Plan	NDIA
60904	\$7.20	\$1.80



Creamy Pumpkin

GF D S V

	Self/Plan	NDIA
60905	\$7.20	\$1.80



Tomato & Basil

D GF S V

	Self/Plan	NDIA
60908	\$7.20	\$1.80



Meatballs in Gravy



80114

Self/Plan

\$6.80

NDIA

\$1.70



Beef Sausage Rolls

80153

Self/Plan

\$6.80

NDIA

\$1.70



Battered Fish Bites

80800

Self/Plan

\$6.80

NDIA

\$1.70



Broccoli & Cheese



80916

Self/Plan

\$6.80

NDIA

\$1.70



Vegetable Spring Rolls



80917

Self/Plan

\$6.80

NDIA

\$1.70





Desserts



**Sticky Date Pudding
with Butterscotch Sauce**



	Self/Plan	NDIA
70100	\$5.60	\$1.40



Lemon Cheesecake



	Self/Plan	NDIA
70101	\$5.60	\$1.40



Apple Crumble



	Self/Plan	NDIA
70102	\$5.60	\$1.40



Tiramisu



	Self/Plan	NDIA
70103	\$5.60	\$1.40



Bread & Butter Pudding



	Self/Plan	NDIA
70104	\$5.60	\$1.40



Chocolate Berry Cake



	Self/Plan	NDIA
70105	\$5.60	\$1.40

Desserts



Rice Pudding

GF LS S

70106

Self/Plan

\$5.60

NDIA

\$1.40



Pavlova Delight

GF DF LS S

70107

Self/Plan

\$5.60

NDIA

\$1.40



Chocolate Mousse

GF S

70108

Self/Plan

\$5.60

NDIA

\$1.40



Mango Mousse

GF S

70109

Self/Plan

\$5.60

NDIA

\$1.40



Pureed Smooth Lemon Cheesecake

S

70800

Self/Plan

\$5.60

NDIA

\$1.40

*Home Chef requires your order **before 11am, TWO business days prior to your designated delivery day.***



**Beef Bolognese
(Pureed)**

S

30107

Self/Plan
\$16.00

NDIA
\$4.00



**Beef Casserole
(Pureed)**

S

30108

Self/Plan
\$16.00

NDIA
\$4.00



**Roast Beef
(Pureed)**

S

30113

Self/Plan
\$16.00

NDIA
\$4.00



**Roast Lamb
(Pureed)**

S

30204

Self/Plan
\$16.00

NDIA
\$4.00



**Roast Pork in Apple Sauce
(Pureed)**

S

30306

Self/Plan
\$16.00

NDIA
\$4.00



**Roast Chicken
(Pureed)**

S

30609

Self/Plan
\$16.00

NDIA
\$4.00



Chicken in Creamy Sauce (Pureed)



	Self/Plan	NDIA
30616	\$16.00	\$4.00



Fish in Creamy Sauce (Pureed)



	Self/Plan	NDIA
30807	\$16.00	\$4.00



Salmon Fish Cake (Pureed)



	Self/Plan	NDIA
30811	\$16.00	\$4.00



Chickpea & Roast Vegetables (Pureed)



	Self/Plan	NDIA
30912	\$16.00	\$4.00

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Credit Card

Debit Card

Must have a Visa or Mastercard symbol on the card.

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For other options please contact our Customer Care Team.



Minced & Moist



**Beef Casserole
(Minced & Moist)**

31108

Self/Plan

\$16.00

S

NDIA

\$4.00



**Roast Beef
(Minced & Moist)**

31113

Self/Plan

\$16.00

S

NDIA

\$4.00



**Roast Lamb
(Minced & Moist)**

31204

Self/Plan

\$16.00

S

NDIA

\$4.00



**Roast Pork in Apple Sauce
(Minced & Moist)**

31306

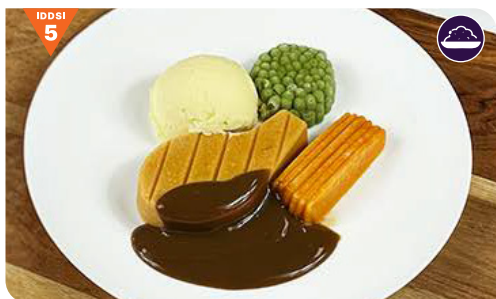
Self/Plan

\$16.00

S

NDIA

\$4.00



**Roast Chicken
(Minced & Moist)**

31609

Self/Plan

\$16.00

S

NDIA

\$4.00



**Fish in Creamy Sauce
(Minced & Moist)**

31807

Self/Plan

\$16.00

S

NDIA

\$4.00



*We thank you for
supporting a local WA
business.*

www.homechef.com.au

(08) 9378 2544

orders@homechef.com.au

Unit 1/2 Yelland Way, BASSENDEAN 6054