

# DELICIOUS, NUTRITIOUS, DELIVERED.

October  
2026



HOME  
CHEF

[www.homechef.com.au](http://www.homechef.com.au)  
(08) 9378 2544

**Support At Home Customer Pricing**

## Support At Home

Since 1984, Home Chef has proudly been providing delicious, high-quality meals to senior customers. We understand how important protein, balanced nutrition, and great taste are, which is why all our meals are carefully prepared to support your health and wellbeing.

As one of Western Australia's longest-serving family owned businesses of ready-made meals, we're proud to offer nutritious, dietitian assessed meals that are prepared locally and delivered straight to your door (or freezer) with a friendly smile.

- Free metro delivery with a minimum spend of 5 regular meals or \$17.05 per order.
- Personalised service from your first enquiry through to every order and delivery.
- Easy ordering by phone, website or email.
- No lock-in contracts or commitments.
- Convenient payment by credit or debit card (Visa or Mastercard required).
- The largest meal selection on the market, with over 100 options available.
- Nutritious, delicious & classic-style meals made with quality ingredients.
- Extensive knowledge and understanding of the dietary and nutritional requirements of seniors.

## Please contact us:

All hours: [www.homechef.com.au](http://www.homechef.com.au)

Office hours:

8:30am-4:00pm Monday-Thursday

8:30am-3:00pm Friday

Email: [orders@homechef.com.au](mailto:orders@homechef.com.au)

Orders to be placed before 11:00am, TWO business days prior to your designated delivery day.



**HOME**  
CHEF

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### ***How to get started:***

- Ask your Aged Care Provider to send us a referral form so we can get you set up and ready to place your orders.
- Once we receive the referral, our friendly team will get in touch with you to explain the ordering and delivery processes, and payment options.
- Begin ordering your meals, and one of our friendly drivers will deliver them right to your door.

**GF** Gluten Friendly  
(Not suitable for Coeliacs)

**DF** Dairy Free

**S** Texture Soft

**D** Diabetic Friendly

**LS** Low Salt

**V** Vegetarian

**PC** Par-Cooked  
(Cooking process completed during heating)

#### **\*Mix contains:**

Green Peas, Diced Carrots, Corn  
Kernels, Cut Beans

(Vegetables are seasonal and subject to change)

#### **\*\*Medley contains:**

Carrots, Sugar Snap Peas, Red  
Capsicum, Baby Corn, Celery

(Vegetables are seasonal and subject to change)



## Classic Beef Bourguignon

with Garlic Butter Mash

42100 Gourmet

\$4.29



## Beef Cheeks in Red Wine Jus

with Garlic Butter Mash, Broccoli & Baby Carrots

43100 Gourmet

\$4.73



## Hungarian Beef Goulash

with Potato Dumplings

43101 Gourmet

\$4.73



## Rich Lamb Ragu

with Gnocchi

43200 Gourmet

\$4.73



## Morroccan Style Lamb Tagine

with Aromatic CousCous

43201 Gourmet

\$4.73



## Gourmet Pork Risssoles

with Sweet Potato Mash & Broccolini

42300 Gourmet

\$4.29

# Mains



**Spicy Chorizo & Chicken Paella**

41600 Gourmet

\$3.96



**Creamy Chicken & Sun-Dried Tomato Fettuccine**

42600 Gourmet

\$4.29



**Mediterranean Seafood Pasta Marinara**

42800 Gourmet

\$4.29



**Oven Roasted Barramundi with Pearl Couscous**

43800 Gourmet

\$4.73



**Traditional Japanese Curry with Tofu Puffs & Sushi Rice**



41900 Gourmet

\$3.96



**Four Cheese Tortelloni with Roasted Cauliflower**



43900 Gourmet

\$4.73



# Mains



## Beef Rissolle

Mash Potato / \*Mix

PC

|       |         |        |
|-------|---------|--------|
| 10100 | Regular | \$3.41 |
| 20100 | Large   | \$4.07 |



## Corned Beef with Parsley Sauce

Mash Potato / Broccoli / Carrots

D

|       |         |        |
|-------|---------|--------|
| 10101 | Regular | \$3.41 |
| 20101 | Large   | \$4.07 |



## Country Casserole

Rice / Carrots / Beans

DF

|       |         |        |
|-------|---------|--------|
| 10102 | Regular | \$3.41 |
|-------|---------|--------|



## Beef Curry

Rice / Broccoli / Corn

GF DF

|       |       |        |
|-------|-------|--------|
| 20103 | Large | \$4.07 |
|-------|-------|--------|



## Beef Lasagne

Cauliflower / \*Mix

D

|       |         |        |
|-------|---------|--------|
| 10104 | Regular | \$3.41 |
| 20104 | Large   | \$4.07 |



## Beef Stroganoff

Mash Potato / \*Mix

GF D

|       |         |        |
|-------|---------|--------|
| 10105 | Regular | \$3.41 |
| 20105 | Large   | \$4.07 |

# Mains



## Spaghetti Bolognese

\*Mix

**D** **LS**

|       |         |        |
|-------|---------|--------|
| 10107 | Regular | \$3.41 |
| 20107 | Large   | \$4.07 |



## Savoury Mince

Mash Potato / Corn /  
Peas

**D**

|       |         |        |
|-------|---------|--------|
| 10109 | Regular | \$3.41 |
|-------|---------|--------|



## Cottage Pie

Carrots / Beans

**D** **S**

|       |         |        |
|-------|---------|--------|
| 10110 | Regular | \$3.41 |
| 20110 | Large   | \$4.07 |



## Meat Pastie

Mash Potato / Carrots / Beans

**D**

|       |         |        |
|-------|---------|--------|
| 10112 | Regular | \$3.41 |
|-------|---------|--------|



## Roast Beef

Potatoes / Pumpkin / Beans

**DF** **D**

|       |         |        |
|-------|---------|--------|
| 10113 | Regular | \$3.41 |
| 20113 | Large   | \$4.07 |



## Meatballs in Gravy

Mash Potato / Carrots /  
Peas

**S** **PC**

|       |         |        |
|-------|---------|--------|
| 10114 | Regular | \$3.41 |
| 20114 | Large   | \$4.07 |



# Mains



## Spaghetti & Italian Meatballs

Corn / Peas

10115 Regular  
20115 Large

\$3.41  
\$4.07



## Sweet & Sour Meatballs

Rice / \*\*Medley

10116 Regular

\$3.41



## Chilli Con Carne with Baked Potato

Corn / Beans

10119 Regular

\$3.41



## Steak & Kidney Pie

Mash Potato / \*Mix

10141 Regular  
20141 Large

\$3.41  
\$4.07



## Steak & Mushroom Pie

Mash Potato / Broccoli / Carrots

10142 Regular  
20142 Large

\$3.41  
\$4.07



## Sausages in Onion Gravy

Mash Potato / \*Mix

10150 Regular  
20150 Large

\$3.41  
\$4.07



# Mains



## Curried Sausages

Rice / Carrots / Peas

**DF**

10151 Regular

\$3.41



## Lamb Curry

Rice / Carrots / Beans

**DF**

10200 Regular

\$3.41



## Minted Lamb Casserole

Mash Potato / \*Mix

**GF D**

10201 Regular

\$3.41

20201 Large

\$4.07



## Traditional Irish Stew

Mash Potato / Broccoli / Carrots

**D**

10202 Regular

\$3.41

20202 Large

\$4.07



## Pork & Apple Casserole

Mash Potato / Beans / Carrots

**D S**

10300 Regular

\$3.41



## Sweet & Sour Pork

Rice / \*\*Medley

**GF DF**

10302 Regular

\$3.41

20302 Large

\$4.07



# Mains



## Bacon & Egg Slice

Mash Potato / Carrots / Peas

GF D

10305 Regular

\$3.41



## Roast Pork

Potatoes / Pumpkin / Peas

DF D

10306 Regular  
20306 Large

\$3.41  
\$4.07



## Pork Riblet

Mash Potato / Pumpkin / Peas

10308 Regular

\$3.41



## Chicken Patties

Mash Potato / \*Mix

D

10602 Regular

\$3.41



## Mushroom Chicken

Mash Potato / \*Mix

D

10606 Regular  
20606 Large

\$3.41  
\$4.07



## Apricot Chicken

Mash Potato / Peas / Carrots

GF S

10607 Regular  
20607 Large

\$3.41  
\$4.07

# Mains



## Sweet & Sour Chicken

Rice / Broccoli / Corn

**GF** **DF**

10608 Regular

\$3.41



## Roast Chicken

Potatoes / Pumpkin / Beans

**DF** **D**

10609 Regular

\$3.41

20609 Large

\$4.07



## Chicken Schnitzel

Mash Potato / \*Mix

10610 Regular

\$3.41

20610 Large

\$4.07



## Chicken Parmigiana

Mash Potato / Carrots / Peas

10611 Regular

\$3.41

20611 Large

\$4.07



## Chicken & Vegetable Pie

Mash Potato / Carrots / Beans

10613 Regular

\$3.41

20613 Large

\$4.07



## Thai Green Chicken Curry

Rice / \*\*Medley

**GF** **DF**

10614 Regular

\$3.41



# Mains



## Butter Chicken

Rice / \*\*Medley

GF D LS

|       |         |        |
|-------|---------|--------|
| 10615 | Regular | \$3.41 |
| 20615 | Large   | \$4.07 |



## Crumbed Fish

Wedges / Carrots / Peas

DF D PC

|       |         |        |
|-------|---------|--------|
| 10800 | Regular | \$3.41 |
| 20800 | Large   | \$4.07 |



## Crumbed Fish & Tartare Sauce

Wedges / \*Mix

PC

|       |         |        |
|-------|---------|--------|
| 10803 | Regular | \$3.41 |
| 20803 | Large   | \$4.07 |



## Crumbed Fish & Sweet & Sour Sauce

Wedges / Carrots / Beans

DF PC

|       |         |        |
|-------|---------|--------|
| 10805 | Regular | \$3.41 |
|-------|---------|--------|



## Baked Fish

Mash Potato / Peas / Carrots

D S

|       |         |        |
|-------|---------|--------|
| 10806 | Regular | \$3.41 |
|-------|---------|--------|



## Fish & Parsley

Mash Potato / \*Mix

D

|       |         |        |
|-------|---------|--------|
| 10807 | Regular | \$3.41 |
|-------|---------|--------|

# Mains



## Tuna Patties

Mash Potato / Carrots / Beans

**D S**

|       |         |        |
|-------|---------|--------|
| 10808 | Regular | \$3.41 |
| 20808 | Large   | \$4.07 |



## Tuna Mornay

Carrots / Beans

|       |         |        |
|-------|---------|--------|
| 10809 | Regular | \$3.41 |
| 20809 | Large   | \$4.07 |



## Frittata

Mash Potato /  
Carrots / Peas

**GF D S V**

|       |         |        |
|-------|---------|--------|
| 10900 | Regular | \$3.41 |
|-------|---------|--------|



## Vegetable Open Pie

Mash Potato / Carrots / Peas

**V**

|       |         |        |
|-------|---------|--------|
| 10902 | Regular | \$3.41 |
|-------|---------|--------|



## Savoury Stuffed Potato

\*\*Medley

**GF D LS V**

|       |         |        |
|-------|---------|--------|
| 10904 | Regular | \$3.41 |
|-------|---------|--------|



## Macaroni Cheese

\*\*Medley

**V**

|       |         |        |
|-------|---------|--------|
| 10905 | Regular | \$3.41 |
| 20905 | Large   | \$4.07 |



## Vegetarian Lasagne

Carrots / Broccoli

10906 Regular

**D S LS V**

\$3.41



## Vegetable Fritters

Mash Potato / \*Mix

10908 Regular

**GF D V**

\$3.41



## Beef Lasagne

**D S**

50104 Petite

\$2.97



## Spaghetti Bolognese

**D LS S**

50107 Petite

\$2.97



## Cottage Pie

**D S**

50110 Petite

\$2.97



## Roast Beef

Potatoes / Beans

**DF D**

50113 Petite

\$2.97



**Beef & Noodle Chow Mein**

**DF**

50153 Petite

\$2.97



**Minted Lamb Casserole**

Mash Potato

**GF D S**

50201 Petite

\$2.97



**Lamb Korma**

Rice

**GF DF D**

50203 Petite

\$2.97



**Sweet & Sour Pork**

Rice

**GF DF**

50302 Petite

\$2.97



**Bangers & Mash**

Peas

**S**

50309 Petite

\$2.97



**Spaghetti Carbonara**

**S**

50310 Petite

\$2.97



**Pulled Pork Enchiladas**

50311 Petite

\$2.97



**Chicken Chop Suey**

Rice

50600 Petite

\$2.97



**Roast Chicken**

Potatoes / Beans

50609 Petite

\$2.97



**Chicken Parmigiana & Wedges**

50611 Petite

\$2.97



**Butter Chicken**

Rice

50615 Petite

\$2.97



**Chicken Teriyaki**

Rice / Broccoli

50617 Petite

\$2.97



**Fish & Wedges**

Peas

**DF D PC**

50800 Petite

\$2.97



**Tuna Mornay**

50809 Petite

\$2.97



**Garlic Prawn Pasta**

50811 Petite

\$2.97



**Macaroni Cheese**

**S V**

50905 Petite

\$2.97



**Roast Vegetables  
with Thyme & Garlic**

**D GF DF S V**

50912 Petite

\$2.97



**Ricotta & Spinach  
Cannelloni**

**V**

50913 Petite

\$2.97



# Salads



**Beef Rice Salad**

**D GF DF LS**

50154 Petite

\$2.97



**Lemon Chicken Penne**

**DF S**

50601 Petite

\$2.97



**Moroccan Chickpea Couscous**

**DF S V**

50901 Petite

\$2.97



**Japanese Style Rice Salad**

**GF DF S V**

50903 Petite

\$2.97



**Pesto Pasta Salad**

**S V**

50916 Petite

\$2.97

*Home Chef requires your order before 11am, TWO business days prior to your designated delivery day.*

# Breakfast



**Bacon & Egg Slice with Toast**

40305

\$2.75



**Ham & Cheese Omelette with Toast**

40309

\$2.75



**Home Chef Big Breakfast**

40310

\$2.75



Home Chef payment options:

**Credit Card**

**Debit Card**

Must have a Visa or Mastercard symbol on the card.

We do not accept EFTPOS cards or American Express.

For other options please contact our Customer Care Team.



**Waffle & Berries with Maple Syrup**

40913

\$2.75



**Pancake with Butter & Maple Syrup**

40917

\$2.75





# Soups



**Beef Barley & Vegetable**

60108

\$1.98



**Pea & Ham**

**GF D S**

60301

\$1.98



**Chicken & Corn**

**GF D**

60603

\$1.98



**Minestrone**

**D S V**

60904

\$1.98



**Creamy Pumpkin**

**GF D S V**

60905

\$1.98



**Tomato & Basil**

**D GF S V**

60908

\$1.98



**Meatballs in Gravy**



80114

\$1.87



**Beef Sausage Rolls**

80153

\$1.87



**Battered Fish Bites**

80800

\$1.87



**Broccoli & Cheese**



80916

\$1.87



**Vegetable Spring Rolls**



80917

\$1.87





# Desserts



**Sticky Date Pudding  
with Butterscotch Sauce**



70100

\$1.54



**Lemon Cheesecake**



70101

\$1.54



**Apple Crumble**



70102

\$1.54



**Tiramisu**



70103

\$1.54



**Bread & Butter Pudding**



70104

\$1.54



**Chocolate Berry Cake**



70105

\$1.54

# Desserts



Rice Pudding

GF LS S

70106

\$1.54



Pavlova Delight

GF DF LS S

70107

\$1.54



Chocolate Mousse

GF S

70108

\$1.54



Mango Mousse

GF S

70109

\$1.54



Pureed Smooth Lemon Cheesecake

S

70800

\$1.54

*Home Chef requires  
your order before  
11am, TWO business  
days prior to your  
designated delivery  
day.*



**Beef Bolognese  
(Pureed)**

**S**

30107

\$4.40



**Beef Casserole  
(Pureed)**

**S**

30108

\$4.40



**Roast Beef  
(Pureed)**

**S**

30113

\$4.40



**Roast Lamb  
(Pureed)**

**S**

30204

\$4.40



**Roast Pork in Apple Sauce  
(Pureed)**

**S**

30306

\$4.40



**Roast Chicken  
(Pureed)**

**S**

30609

\$4.40



**Chicken in Creamy Sauce (Pureed)**

**S**

30616

\$4.40



**Fish in Creamy Sauce (Pureed)**

**S**

30807

\$4.40



**Salmon Fish Cake (Pureed)**

**S**

30811

\$4.40



**Chickpea & Roast Vegetables (Pureed)**

**GF S V**

30912

\$4.40

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**Credit Card**

**Debit Card**

Must have a Visa or Mastercard symbol on the card.

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# Minced & Moist



**Beef Casserole  
(Minced & Moist)**

31108

\$4.40



**Roast Beef  
(Minced & Moist)**

31113

\$4.40



**Roast Lamb  
(Minced & Moist)**

31204

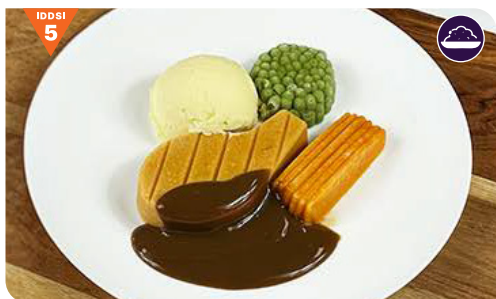
\$4.40



**Roast Pork in Apple Sauce  
(Minced & Moist)**

31306

\$4.40



**Roast Chicken  
(Minced & Moist)**

31609

\$4.40



**Fish in Creamy Sauce  
(Minced & Moist)**

31807

\$4.40





*We thank you for  
supporting a local WA  
business.*

**[www.homechef.com.au](http://www.homechef.com.au)**

**(08) 9378 2544**

**[orders@homechef.com.au](mailto:orders@homechef.com.au)**

**Unit 1/2 Yelland Way, BASSENDEAN 6054**